



# Lifeline 100 Century Ride

Sunday, October 6, 2019 • Show and Go Start  
Kinder Farm Park  
1001 Kinder Farm Park Road Millersville, MD 21108  
[www.Lifeline100.com](http://www.Lifeline100.com)

The Anne Arundel County Lifeline 100 Century Ride offers a great experience for cyclists of all levels with 100, 65, 30 and 15 mile route options as well as a Family Fun ride. These routes wind throughout scenic Anne Arundel County including views of downtown Annapolis, the Severn River, southern Anne Arundel County, BWI/Marshall airport and more! All routes are available on the website at [www.Lifeline100.com](http://www.Lifeline100.com).

**The Rides...** All rides are show and go. Please visit the website for information regarding the start schedules.

**Family Fun Ride...** The Family Fun ride is open to children 10 and under, and their parent/guardian, and is FREE! Registration will be available on site or fill out this registration form and bring it with you! The course is the paved perimeter trail inside the park. (no t-shirts for Family Fun ride participants, but we will have a special prize for young participants)

**Register...** Register online at [www.Lifeline100.com](http://www.Lifeline100.com) or complete the attached registration form and send it, along with your registration fee to BikeAAA Lifeline 100, PO Box 208, Arnold, MD 21012. Make checks payable to BikeAAA Lifeline 100 (mailed entries must be received by October 3, 2019). All participants under the age of 16 must be accompanied by an adult.

[www.Lifeline100.com](http://www.Lifeline100.com)

Entry Fees (non-refundable):

Century (100 miles) - \$50.00 • 65 miles - \$40.00  
30 miles—\$30.00 • 15 miles - \$25.00

Family Fun Ride - FREE for children 10 and under and a parent/guardian (no t-shirt)

*Please complete one registration form per participant*

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ Age \_\_\_\_\_ Gender: Male or Female (circle one)

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_ Email \_\_\_\_\_

T-Shirt Size (circle one): Adult S M L XL XXL

I am participating with a team of riders. Team Name: \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Emergency Phone \_\_\_\_\_

I will participate in the \_\_\_\_\_ Century (100 miles) \_\_\_\_\_ 65 miles \_\_\_\_\_ 30 miles \_\_\_\_\_ 15 miles \_\_\_\_\_ Family Ride

Waiver/Release (must be signed by participant or guardian—if under 18)

\_\_\_\_ (initial here) I understand that cycling is a potentially dangerous activity and I, the undersigned for myself, my administrators, my heirs, and assignors, assume all risks associated with participating in this event and do hereby release and discharge Anne Arundel County Government, sponsors, ride officials, and volunteers from any and all claims of liability for death, personal injury, or property damage of any kind arising out of participation in the Lifeline 100. I agree to abide by all decisions of the ride officials. I agree to abide by all rules of the road and trail, to exercise all safety precautions, including wearing a helmet while on my bike, and I certify that I am physically fit for the event.

Participant Signature/Parent Signature (if under 18)

Date